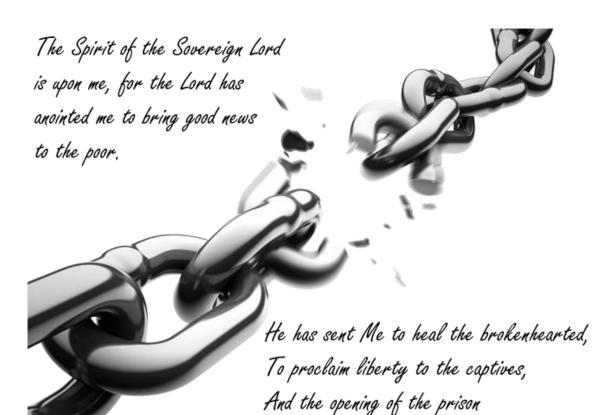
## **'Sickness and Disease'** Inner Healing and Deliverance Prayers





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to those who are bound - Isaiah 61:1

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\*\*\*\*Most of the prayers in this PDF are unique and not a replica of other people's ideas ~ they are created through revelation of the Holy Spirit and our view of what He has shown us as He works with us. There may be the odd prayer or idea that has been added to our Ministry from others because it impacted us, but more often than not you will be viewing an original.

All prayers are subject to change as God gives new insight and revelation. All prayers are to be prayed out loud. Often you will see we ask you to do a prophetic act. A prophetic act is an action of obedience as a step of faith in the natural (physical) realm that supports God's workings in the spiritual realm, to release the power, presence and victory of God into a situation.

<u>Prayer of Protection</u>: "Father God in the name of Jesus Christ and by the Power of Your Holy Spirit I pray that You would guide me through this journey of deliverance and healing. I thank You for the presence of the Holy Spirit.

I ask for Your protection, and that I am covered with the Blood of Jesus Christ. I also pray this protection over my loved ones, our pets, our belongings and our surroundings.

With the authority given to me by the Lord Jesus Christ of Nazareth, I bind you Satan, all demons and any other agents of Satan, my own human flesh which is antichrist, from any harm or attacks targeting me, my family, our homes and properties, our pets and belongings, our health and our finances, our businesses and our ministries.

I also bind you from any interference, distraction, transference, or blocking or counterfeiting the Holy Spirit, in Jesus name. I bind up and forbid any counterfeit gifts, un-godly manifestations, and lying signs and wonders, in Jesus name.

Father God, I thank You for Your heavenly angels and pray that they would be released in accordance with Your word."

<u>Please Note</u> - Many of our prayers as an added precaution will include the term 'ancestors' to cover any sins that they may have participated in that you are unaware of.

<u>Infirmity</u> – Surely He has borne our griefs, and carried our sorrows; yet we esteemed Him stricken, Smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed (Isaiah 53:4-5, NKJV).

There is a debate amongst the Christian circles as to whether Christ's death included healing for us from sickness. The above Scripture in **Isaiah 53:4-5** many claim simply means for our salvation. The word griefs in **Isaiah 53:4** in Hebrew is **Choliy** and means sickness, disease, grief. This shows us clearly that part of our promise in Christ is to receive healing from sickness and disease!

From a human perspective there may be no hope, but where there is God, there is hope! God once told me a few years ago - 'Everyone is healed, they just need to walk in it'. Not understanding what this meant I asked God. I received a revelation which made me understand fully, so now I am able to walk in it. Firstly God showed me that healing begins within, and then the external manifestations follow. **Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers (3 John 2, NKJV).** 

A merry heart does good, like medicine, But a broken spirit dries the bones (Proverbs 17:22, NKJV). When the soul is broken and wounded it reflects directly what is going on by manifesting as physical infirmities in our body. When our soul is healed the physical body receives healing also. I believe that God wants to heal our souls and physical bodies in unison. Many of our illnesses are rooted in unforgiveness,

hurt, rejection, and grief and so on. When God revealed to me that physical healing comes when our souls are healed I believed Him and yielded my heart and soul to Him by declaring my body was a living sacrifice for His will and purposes. I allowed Him to work on my soul wounds which in turn created this Ministry. God then went on to show me how faith works miracles. Faith is the ability to see beyond. It is believing the unseen. God showed me a way in which to have faith in healings. He began by showing me again that everyone is healed; they just need to walk in it. What this means is, you walk in the belief that you are healed by declaring what Jesus has done for you. When I had received prayer from someone they would tell me to claim it by saying 'I am healed'. I really struggled with this when I could still see the infirmity manifesting itself in the natural. Claiming I was healed when I wasn't, I really felt that I was lying. I didn't believe in my heart that I was healed because I could clearly see I had not yet received it. How could I walk in the belief that I was healed when I could clearly see I was not.

God one day spoke this to me - "How does Jesus heal you? By His stripes of course!" God began by showing me that the wounds (stripes) on Jesus' body represented the wounds in our souls and physical bodies. It was our sin and shame that was laid on His body. Wounds in our souls are formed from sin. The wounds were on the flesh of Jesus. The wounds are also on the flesh of man. The flesh is the physical body and carnal nature of man (mind, will, evil conscience and emotions). The stripes represent brokenness, suffering and pain. God asked me if I could believe that the stripes on Jesus body were so all mankind could be healed. I told Him "Of course I truly do believe that". He told me that was faith. I believed with no doubt that the stripes on Jesus' body represented my sin and that 'By His stripes I am healed'. God showed me that this was my faith ticket. By claiming this I am walking in the belief that I am healed because I am declaring it over my flesh. By declaring each day that 'By His stripes I am healed' I am speaking to my flesh, I am declaring to my flesh that it **must** bow down to the name of Jesus! No ifs, no buts, it has to! Declaring you are 'healed by His stripes' and proclaiming it over your flesh is taking authority over your flesh because you believe what the word of God says. You are speaking by the power and authority of Jesus Christ. You are speaking truth and fact. If you are just confessing 'I am healed' it doesn't carry the same power as the confession 'By His stripes I am healed because it is the actual stripes that carry the power. The declaration of 'By His stripes I am healed' is simply stating a fact, a truth. It has power!

For me personally it has taken a long time for healing to come as I allowed God access to my soul wounds. God reminded me that we must partake of His suffering. If His stripes represented brokenness, pain and suffering I would have to partake of this too. We are to take up our crosses and be crucified with Him (Matthew 16:24 and Galatians 2:20). Whilst waiting for my healing God reminded me that 'After you have suffered a while you will receive the promise' (1 Peter 5:10). I believe that I will walk in total health as my wounds in my soul are healed, especially when I tell my flesh that 'By His stripes I am healed'.

**(PRAYER) -** "Dear God in Jesus name I repent for lack of faith in Your ability to heal. I firstly express my gratitude, thanks and blessings towards all people, including

medical professionals for their help in my sufferings. I forgive them for the times they have spoken negative words into my circumstances. I repent for all the times I accepted or proclaimed any illness thinking I had that illness when I didn't. I believe that Jesus took my sins and bore them on His body on a tree. I believe that by His stripes I am healed. I believe that as you heal the wounds in my soul, the physical manifestations will follow. I speak to my flesh and declare 'By His stripes I am healed'. I break all holds, curses and destructive words operating at the root and command all infirmity including (name all illnesses and sicknesses) to leave in the name of Jesus Christ. I receive healing by the stripes Jesus bore on His body. Thank You Jesus that You took my sin and shame so that I could be healed. I claim and receive my healing by faith in Jesus name. Psalm 118:17, NKJV 'I shall not die, but live and declare the works of the Lord'.

1 Peter 2:24, NKJV 'Who Himself, bore our sins in His own body on the tree, that we, being died to sins, might live unto righteousness - by Whose stripes you are healed'.

Matthew 8:17, NKJV 'That it might be fulfilled which was spoken by Isaiah the Prophet, saying, "He Himself, took our infirmities and bore our sickness'.

Roman 4:17, NKJV 'God who gives life to the dead and call those things which do not exist as though they did.'

Mark 11:24, NKJV 'Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them'.

Philippians 2:9-11, NKJV "Therefore God has highly exalted Him and given Him the name which is above every name. That at the name of Jesus every knee must bow, of those in Heaven, and of those on earth, and of those under the earth, and that every tongue will confess that Jesus Christ is Lord to the glory of God the Father. Every disease, every infirmity, every problem has to submit itself to the name of Jesus. And every tongue will confess that Jesus Christ is Lord to the glory of God the Father'. I demand (name of disease) to bow down to the name of Jesus". 2 Corinthians 5:17, NKJV "Therefore, if anyone is in Christ, he is a new creation". "I call forth a new (name of body part)".

Prayer for Chronic Fatigue Syndrome/Adrenal Fatigue – Adrenal fatigue is when the adrenal glands shrink and no longer keep up with the production of cortisol, DHEA and aldosterone. These three hormones are essential for our health and well-being. Initially it begins with the adrenals being overstimulated. Stress is the major factor for burning out your adrenal glands. To keep up with the demand adrenaline is produced. Cortisol is also produced to counteract the damaging effects of the adrenaline. Cortisol levels become elevated. This creates an imbalance. As time goes on the production of all three major hormones is diminished. When it gets to this stage the immune system is severely affected. There are multiple roots of adrenal

fatigue including anxiety, fear, and rejection and striving for approval. It is a good idea to do those prayers as well as this one.

I once got told by another Minister that the original door opener of adrenal fatigue is fear of losing your life by not being able to escape or run fast enough while being pursued. This can be ancestral and it seems the Fear spirit can travel through the generations. This can manifest itself in dreams.

There seems to be rape, murder, pillaging, torture, being locked up in cells, dungeons, torture chambers etc. in the generational line, both as perpetrators and victims. There seems to be many curses over the family line due to the victims cursing those who pursued and tortured them. These things need to be repented and forgiven on behalf of the ancestors so healing can come. These demons wreak havoc by manifesting in exhaustion of adrenals. Another reason for adrenal fatigue is wrong diet which is brought on by eating too much white sugar, white flour and processed products. Processed foods include those which have changed from their natural state and laden with added chemicals such as MSG, artificial sweeteners etc... The Lord asked me to cut down on these things and replace with real food. I didn't have to give up unhealthy food but they were to be eaten as treats only.

(PRAYER) - "Dear God in the name of Jesus Christ I repent for myself and ancestors for rape, murder, pillaging, revenge and terrorising people by pursuing them. I repent for all torture and mistreatment that was bestowed upon others, including locking them up and leaving them in terror whilst fearing for their lives. I repent for allowing fear of losing our lives, and fear of not being able to escape to invade us when we should have trusted in You. I repent also on behalf of those who enjoyed and gained pleasure from torturing and mistreating others. I forgive the people who pursued us, tortured us, murdered our loved ones, locked us up and abandoned us and pray a blessing on them and all their descendants. I repent for all curses we may have placed upon others and I forgive those who cursed me and those within my bloodline. I break all curses in regard to adrenal fatique. I break all demonic holds of anxiety, adrenal fatigue, lack of self-worth, striving, lack of trust, all fear, including fear of losing your life and fear of pursuit, dread, apprehension, shock, trauma, exhaustion, nervous breakdown, and depression and command you as well as all demons causing imbalance of the whole body to leave in the name of Jesus Christ. I pray against weakness in the adrenals and DNA. I pray for the whole endocrine system to come into alignment. I pray for the hypothalamus to be reset, recharged and normalised in Jesus name. I pray for homeostasis and equilibrium to the whole body. I pray for the adrenal, pituitary and thyroid glands to be strengthened and normalised. I pray for complete restoration of the immune and nervous system. I pray for all neurotransmitters throughout the body to be normalised in Jesus name. I pray for the Cortisol, DHEA, Aldosterone, blood sugars and all other hormones as well as every other part of the body affected to be healed and aligned in Jesus name".

<u>Pharmakeia</u> - God once told me that healing begins within - then the external manifestations follow. Simply put, what He showed me was that 'whatever is going on

in our soul directly reflects what we see in our physical body'. Chances are a physical infirmity may get healed when a wound within our soul is delivered, cleansed and healed. Many people seek doctors for their healing needs, and even believe it is God's will for us to be healed through doctors. I wasn't sure about this so I once asked God if doctors were part of His will for us. This is what He spoke to me: "Doctors are of the world. Doctors fix the physical flesh. The flesh is of the world. I can heal the physical body through the soul. This takes time. All healing can come through me. I can also use my natural creation such as plants to achieve healing. Doctors and surgeons are of the world. It is not my will for doctors to heal you! It is about faith. There may be a time when you are lead to a doctor for a specific purpose, so I can outwork something in you, or even them, but it is not my will for healing to come this way". I then asked Him, "Are you disappointed in us when we choose a doctor"? This is what He spoke: "When you are faithless, I am still faithful, I cannot deny myself (2 Timothy 2:13). You will pick up wordly things when you choose the world, but I will not condemn you. Faith is believing in what you can't see, I am teaching you to live a life of faith. I want to make you whole, and I do not need doctors to do this. Doctors can treat the symptoms, but doctors cannot heal the root cause of disease and sickness. When the root of a disease is not dealt with, it can return. My will is that My children are whole in spirit/soul and body. If your physical body gets healed what about your soul? This remains unchanged!" This was very interesting for me as God had told me a few months earlier that every infirmity I was suffering He would heal. Every time I went to a doctor for these conditions, I never received healing. There were even times when strange things happened such as doctors cancelling, hospitals denying my referrals for procedures etc....... said to God, "I don't think I have enough faith not to go to a doctor when I am sick". God said to me :"I know, that is why I have been removing doctors from you". He went on to tell me that He was going to use my infirmities to teach that all healing can come through Him, when we submit to Him and allow Him to heal our many wounds. I believe that God wants to heal our souls and physical bodies in unison. Many of our illnesses are rooted in unforgiveness, hurt, rejection, grief and so on.

I then asked God if we need to give up man's medicine (pharmaceuticals). This is what He showed me ~ *Revelations 9:21, NKJV And they did not repent of their murders or their sorceries or their sexual immorality or their thefts.* The word sorceries when taken back to the original Greek transcripts of the Bible is φαρμακεια and is translated as Pharmakeia and means 1) the use or the administering of drugs 2) poisoning 3) sorcery, magical arts, often found in connection with idolatry and fostered by it 4) metaph. the deceptions and seductions of idolatry. Pharmakeia and its related word forms pharmakeus, pharmakon, pharmakos and pharmakoi are the words from which we get the modern English words pharmacy, pharmaceutics, pharmaceutical, pharmacist, pharmacopia, pharmacology, pharmaceuticalist and pharmaceuticalism. So what this tells us is that pharmaceutical medicine is sorcery.

Does that mean then that we cannot use medicine (pharmaceuticals)? What does the Bible say? The Lord led me to **Numbers 21: 4-9** where the Israelites were

complaining and as punishment God sent fiery serpents to bite them. The people started to die and Moses prayed for them and God had pity on them and instructed Moses to make a bronze snake representing a fiery serpent and put it on a pole so that all who looked upon it would be healed. Interestingly a 'fiery serpent' when taken back to the original Hebrew transcripts is translated as **Saraph** which means poisonous serpent (fiery from burning effect of poison) 2) seraph, seraphim 2a) majestic beings with 6 wings, human hands or voices in attendance upon God.

The same word 'fiery serpent' is referenced in *Deuteronomy 8:15; NKJV - Who led* you through that great and terrible wilderness, in which were fiery serpents and scorpions and thirsty land where there was no water; who brought water for you out of the flinty rock. Clearly this fiery serpent is a demonic being, but the interesting thing is that God used it for His purposes and it has to obey His commands. The snake was eventually put in a temple in Jerusalem and worshipped by Israel by burning incense to it and calling it Nehushtan. God later asked Hezikiah to destroy it because it became an idol. He removed the high places and broke the sacred pillars, cut down the wooden image and broke in pieces the bronze serpent that Moses had made; for until those days the children of Israel burned incense to it, and called it Nehushtan (2 Kings 18:4, NKJV). This snake Nehushtan is the very same symbol we see on doctors medicines, medic alert bracelets and even the World Health Organisation logo. By this we know that there is a supernatural force (other than Jesus) within Pharmaceuticals which is why it is sorcery.

We then jump to the Gospel of John where we see Jesus showing us that He now comes to replace the snake. And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up, that whoever believes in Him should not perish but have eternal life (John 3:14, NKJV). The snake healed the physical flesh but Jesus saves the soul. We no longer should look at the snake for our healing, instead we look to Jesus - the great Physician who heals us in our bodies, souls and spirits. Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed (1 Peter 2:24, NKJV). God allowed man to use the snake in the wilderness (and also pharmaceuticals today) because he is such a good and faithful God to us.

He knew man could die because of his ignorance, disobedience and unbelief if there was no other source other than Him to heal the flesh. He really has no other alternative to helping His children who do not have Jesus. He gave man a source to prolong life and fix their physical flesh because He loves us - but it does come at a cost. This source is for the unsaved and even the saved (where there are blockages that prevent us from receiving Gods supernatural healing) designated for the times when God knows He couldn't or wouldn't heal man because of His own system of justice and righteousness. Although it is sorcery it is allowed by God as a means of healing. His perfect will is to heal us supernaturally through the sanctification process of healing and deliverance but for many of us (even Christians) there can be blockages to receiving His supernatural healing. There are other forms of sourcery (or occult) practices which are clearly forbidden and not okay for us to use. These are things such as witchdoctors, chiropractors, osteopaths, spiritualists, hypnosis, crystal

healers etc.... This does not mean that these other occult sources don't work (because they do) as the devil is only to willing to heal man if it means taking his/her focus away from Jesus. I believe afflictions and infirmity are demonic so it is very easy for the devil to remove the affliction that he put there in the first place. It is not a true healing as Jesus is the only true healer, it is a counterfeit healing. There will always be something negative that comes up later as the price you paid for seeking these alternative occult sources.

It is not a sin to go to a doctor or use pharmaceuticals as God clearly provided medicine for us and backed this up by His word by showing us that He allowed Moses access to the bronze serpent. In regard to God giving man pharmaceuticals the main problem with this act of kindness from God is that man started to look to the source instead of God – even today people are looking to the doctors and pharmaceutical medicine for their healing and not God. **Note that the acts of Asa, first and last, are** indeed written in the book of the kings of Judah and Israel. And in the thirtyninth year of his reign, Asa became diseased in his feet, and his malady was severe; yet in his disease he did not seek the Lord, but the physicians. So Asa rested with his fathers; he died in the forty-first year of his reign (2 Chronicles 16:12-13, NKJV). When we go to pharmaceuticals and doctors ahead of God it could become an idol in our lives. The devil wants nothing more than for us to turn our eyes off Jesus and onto other things so we will start to trust and worship them instead. All forms of healing, apart from the Word of God, the name of Jesus and the natural creation of God, even if there is initially a good result, will always come at a cost. Have you ever noticed how pharmaceutical medicine can cause side effects and may also create a whole new problem? Also if we ever need an operation to fix or correct a problem, chances are the same problem may rear it's head somewhere else, or a new problem arises from the result of the first one that has been fixed! This is the price to pay for alternative sources other than Jesus Christ. God wants us 100% yielded to Him but many things can get in the way. God is so good that He doesn't condemn us when we seek the world instead of Jesus and the word of God for our healing - He is still faithful to us, He still loves us and doesn't turn away from us. The Bible tells us that nothing can separate us from the love of God. I believe also that God is bringing us to a place where He will remove Pharmaceuticals and all other occult sources of healing from us. He will be very gentle as He knows that we have relied upon it for so long. God told me not to give up everything I was using immediately but instead continue to do what I was doing and He would show me what was okay and what was not okay.

Does this mean that doctors are occult and should be avoided? Some like anyone may be active satanists used by satan for his purposes, whilst the majority are innocent and have a specialised knowledge of how the human body works. God can and does use their expertise to achieve a diagnosis in order to help man. A Christian doctor would however be the best source as I am sure they would pray each day for Jesus to manifest His power through them. Always ask God to guide you to the right doctor if you need one. Our own daughter needed oral surgery to have a tooth removed. We prayed for God to reveal any root causes and asked Him to remove it supernaturally. This did not happen so we sought hospital treatment.

We thanked God for the provision of doctors and medicine and prayed that He would manifest His presence through this. We prayed that there would be no side effects from the anesthetic, covered her in the Blood of Christ and bound all demons from entering her from this procedure, and that the operation would be simple which is exactly what happened. She was only under for ten minutes and the tooth which was believed initially to be fused to the jawbone came out with one pull. There were no stitches and fifteen minutes after the operation she was sitting up in bed eating an iceblock. She needed no pain relief for after the extraction the whole entire day either as there was no pain! We had looked to Jesus as the source and had completely trusted God that she was in His hands. Because we had put Jesus first I believe this is why there weren't any negative consequences from this.

In the New Testament the word Pharmekeia occurs three times (Gal 5:19-21; Rev 9:21; 18:23). Each time, it is used it is in reference to 'witchcraft' or 'magic' and not pharmaceutical medicine. And the light of a candle shall shine no more at all in thee; and the voice of the bridegroom and of the bride shall be heard no more at all in thee: for thy merchants were the great men of the earth; for by thy sorceries were all nations deceived (Revelation 18:23,KJV). I have seen people quote this Scripture in the false belief that pharmaceutical medicine is the avenue in which the devil uses to deceive the elect into getting the mark of the beast. Many even believe that the covid-19 vaccine is the mark of the beast. In the context of this Scripture it is meaning by magic. The devil deceives the elect by signs and wonders. For false Christs and false prophets shall rise, and shall shew signs and wonders, to seduce, if it were possible, even the elect (Mark 13:22, KJV). I have learned that you cannot take one passage of Scripture and build a doctrine or belief around it - you have to take the entire Bible and all the Scriptures to see the big picture.

And the beast was taken, and with him the false prophet that wrought miracles before him, with which he deceived them that had received the mark of the beast, and them that worshipped his image. These both were cast alive into a lake of fire burning with brimstone (Revelation 19:20, KJV). I have also seen people misquote this Scripture and believe the beast deceives people into taking the mark of the beast through tricking them into receiving the vaccine believing the vaccine is the mark. This is not what this Scripture says - it says that the false prophet and the beast deceive people with miracles, signs and wonders to accept the mark. The mark is a sign of worship to the beast (antichrist). The antichrist (beast) hasn't even been revealed yet which is why the vaccine is NOT the mark of the beast.

But there was a certain man, called Simon, which beforetime in the same city used sorcery, and bewitched the people of Samaria, giving out that himself was some great one: (Acts 8:9, KJV). The word sorcery here in Greek is μαγεύων (mageuōn) Strong's 3096: To practice sorcery or magic. From magos; to practice magic. There is nowhere else in Scripture to suggest Pharmakeia/Pharmaceuticals in regard to medicine is bad as God Himself provided the serpent on the pole in the wilderness, which is His way of showing us that medicine (pharmaceuticals with the same logo as the serpent on the pole) is not the sorcery that we are deceived by.

Medicine today still has its roots from pharmakeia (sorcery) but God Himself has differentiated between forbidden sorcery and man's medicine (sorcery) by the analogy of the serpent on the pole. People can argue that God wouldn't allow any form of sorcery but at the end of the day it is in the Bible and the Bible is truth. Medicine although deemed as sorcery was already deemed 'exempt as a sin' by God and able to be used by man.

**PRAYER**: "Dear God I repent for trusting in doctors and other forms of healing more than trusting in You. I repent and renounce all alternate forms of healing, medicine, and coping mechanisms I have used other than Your word, the name of Jesus, Your guidance and commands and Your natural creation. I repent for all the times these things became an idol as I looked to them instead of You. I want to turn away from all these alternative forms of healing and rely totally only on Your Word, the power of Jesus and Your natural creation. I give You permission to remove all forms of healing from me that isn't Your perfect will for me.

I lay down all things at the foot of the cross I am using and ask for You to help me give them up. In my own strength I am afraid to do this so I pray that You would gently remove them from my life in Your timing and in Your way. I pray that You would give me eyes to see so I can see all sorcery and occult things that I and my family are currently using so I can refrain from them. I pray that You would show me alternative God-given sources so I can completely turn away from all things that are not of You. I command all demonic spirits associated with sorcery and idolatry to leave immediately in Jesus name".

\*\*\*Please note - Do not stop immediately using things that may be currently saving your life and keeping you well. God has allowed these things into our lives for a time and a purpose - but He is calling us to eventually lay down these things and trust in Him alone. Many of us are not in a place yet to be able to receive Gods supernatural healing through our soul because of things such as unyielded areas which may be blocking such as false beliefs, mindsets, wrong teachings, unforgiveness, continual sin and woundings within our soul that have not yet been dealt with. Until we are at a place in our walk with God to be able to let Him deal with the roots and issues behind these ailments you may need to keep using them. These things may need to be cleared away and can take time. Rely on the Holy Spirit to show you when and how you can give up these alternative sources. It is very important however if they are still being used to thank God for these alternate resources then pray and ask Him to help you to be in complete submission to Him so healing of the soul and physical body can take place. When using the medicines always ask Jesus to manifest His power through it and to bless the medicine to His use in Jesus name. I see so many people when using man's medicine who have complete faith in Jesus for their healing through the medicine achieving fantastic results. This is because Jesus will allow His glory to come through when man is trusting Jesus for the healing. This is to glorify His name which we are calling upon. Taking communion and declaring Scriptures on Healing everyday whilst waiting for your healing is also a very good thing to do.

Maintaining the Temple - Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? (1 Corinthians 6:19, NKJV). I have been addicted to carbohydrates all my life. Proteins, vegetables and fruit didn't much tickle my fancy which resulted in me always opting for breads, biscuits, pastas, pastries and sweets (mainly the refined carbs). This can majorly impact your body as you can imagine. A number of years ago I started to suffer major hormonal imbalances. My body was broken. I suffered on-going heavy uterine bleeding for three years because of the imbalance. I became very anaemic (low iron) because of the blood loss and had to take iron supplements which caused chronic constipation for months. During that time I had a biopsy, ultrasounds and various other tests to rule out anything more serious. Praise God it turned out to be hormonal. I also suffered severe acid reflux which was burning my oesophagus causing a continual cough, and I was suffering from chronic fatigue because of adrenal fatigue which was the result of an anxiety disorder that runs in my father's family. My muscles were always sore and I seemed to be constantly in pain. My bowel was suffering with IBS and my bladder with Irritable bladder syndrome. The Lord asked me to change my eating habits by incorporating more real food (food that is less processed and devoid of man-made chemicals) and by reducing my refined carbohydrate intake. He showed me that I had neglected the maintenance of the Temple (my body) in which He lived. I was not looking after myself adequately. God needed me physically fit and well to be able to do His work. I was staying up too late; I was not exercising and of course failing to provide correct nutrition. He told me that I could not be healed of certain things until I sorted out my eating, as the eating was one of the main things that broke me in the first place. The problem was I used carbohydrates as a form of escapism to mask the hurt and wounds in my soul. It was incredibly difficult to give up the gorging pattern of indulging that I had become so accustomed. The Holy Spirit took me on an intensive healing regime within my soul so I would be able to maintain the new diet without resorting back to old patterns.

He showed me that a major part of our journey is about yielding our souls in order for healing to take place. The main thing I needed was healing in my soul of the things that made me look to using 'feel good foods'. Once healing takes place I can stick to a new healthier way of eating no longer needing to escape into carbohydrates to make me feel good!

(PRAYER) - "Heavenly Father I repent for neglecting the maintenance of the Temple of God. You have chosen me for Your works and purposes and I have neglected to look after myself correctly in order for you to use me. In the name of Jesus Christ I speak to the hypothalamus gland in my brain and command you to come into divine order. I pray Jesus that you would fill me with a desire to eat and drink that which is good for me and to reject that which would cause me harm. I pray that my thoughts about food and drink would come into alignment with good nutrition. I bind and cast out every spirit of lust, gluttony, obesity, and addiction for unhealthy food in the name of the Lord Jesus Christ. I break and cast out every inherited bondage which has caused me to have or develop unhealthy eating and drinking habits in the name of the Lord Jesus Christ. I command all unhealthy cholesterol to be expelled from my body in Jesus name. I pray for homeostasis on my entire hormonal and endocrine system. I

pray that my metabolism, blood sugars, thyroid, appetite control centre, insulin, cortisol, DHEA, aldosterone, and anything I have missed for optimal function of my body to come into divine order in Jesus name. Please continue to show me anything that I 'doing', or 'not doing', including any nutritional deficiencies that hinders my health and well-being. I pray in Jesus name that You would help me live a lifestyle that keeps me strong, healthy and physically fit so I can be fully utilised by You, Amen"!

**Skin Cancer** - The Holy Spirit in a session gave us the roots and origins of skin cancer. These roots are:

- 1) Worship of the sun god who is also known as Baal.
- 2) Lack of protection of the skin because of over indulgence and excessive sunbathing in the name of vanity. Sun is good and beneficial but too much of a good thing can be detrimental to one's wellbeing.
- 3) Curse of self-destruction over the skin because of self-hatred and hating one's appearance. I had always hated my skin because it was so pale. I sunbathed and sunbathed in order to be brown which only left me with a great deal of sunburn, pain and skin damage.

This is what God spoke to me during the session: - "Pale skin is a gift from God as is brown skin. All hues are God-given and any damage within the skin is the result of a curse. Some skins contain very little melanin. Melanin gives skin a tanned appearance. (Melatonin controls pigmentation changes by aggregation of melanin into melanocytes within the skin causing the skin to change colour). I will not change the colour of your skin but I will repair the damage. Fair skinned people naturally need more protection from the sun because they are naturally more sensitive. Repent for not protecting your skin enough due to putting vanity first. Repent for wanting to change the colour of your skin and for all self-hatred and rejection of your God-given skin. Cursing oneself results in much damage because of the sowing and reaping effect".

(PRAYER) - "Dear God in Jesus name I repent on behalf of myself and ancestors for worshipping the sun god Baal. I repent for all rejection and self-hatred of my natural skin colour. I repent that I have damaged my skin due to putting vanity first. I repent for all lack of sun protection including ignorance on behalf of myself and those who were put in charge to protect me. I forgive them and myself for not adequately protecting my skin from the sun.

I break every corrupt root of skin cancer within my body in Jesus name. Every demon that causes skin cancer I command you right now to leave in the name and power of Jesus Christ".

**Spirts of Blight** - The word blight means a thing that spoils or damages something. One of our team members received a revelation from the Lord and this is what he was shown and wrote: During a 'seeking session' with a friend one night, to ask the Lord about this person's continuing afflictions and unwell being, I was shown a tomato vine plant. The plant was healthy when I first saw it and it had beautiful, big red tomatoes fruiting on the vine. Then I saw a small blackish/grey fuzzy thing that reminded me of a fur ball (I had seen a similar thing to do with irritation but that was another 'beastie' altogether). Then the link came and the word 'fungus'. The tomato was now blight ridden and the fruit was rotting and falling. The Lord said "You can have all the right nutrients in the soil for the plant to thrive, but unless we maintain the environment and block the effects of the environment on the tomato then the vine will suffer from attack. This environment and blight is a partnership of 'worldly forces' so to speak (spiritual in the eyes of the Lord with a physical effect). To show it in a little more depth God showed me a submarine deep under water and a destroyer ship on the surface and they were both 'pinging' each other with their sonar. Now, in the ocean there are 'levels' or 'layers' of different density and they are affected by salinity (salt levels) and temperature, there are other factors that come into it too but all add up to the environment having an effect on each layer. The blight gets in under the 'layers' due to the direct correlation with the environment and if conditions are right for it to grow, begins to spread and destroy the host. God showed that the sub had the advantage as it could hide beneath these layers from the destroyer that was in a totally different environment. The sub could hide and the sonar worked best pinging up, rather than down from the surface. This showed me another interesting and spiritual fact that we may think that as we are in an environment that seems good - i.e. the sun shining and fresh air around us, we might well be partly in an environment where an enemy lurks beneath us...undetectable. I was then shown where the blight (mildew or fungus) gets into our bodies and affects us by contaminating the layers under the skin or the inner layer of our veins and arteries. It can even get into our organs (liver, kidneys, heart, lungs, etc...). This 'spiritual blight' was even used by God to afflict people in biblical times and there are numerous verses in The Bible to these 'blights' or 'mildews'. The Lord will strike you with consumption, with fever, with inflammation, with severe burning fever, with the sword, with scorching, and with mildew; they shall pursue you until you perish (Deuteronomy 28:22, NKJV).

"I blasted you with blight and mildew when your gardens increased, Your vineyards, Your fig trees, And your olive trees, The locust devoured them; Yet you have not returned to Me, "Says the Lord" (Amos 4:9, NKJV).

I struck you with blight and mildew and hail in all the labours of your hands; yet you did not turn to Me,' says the Lord (Haggai 2:17, NKJV).

Once the understanding was there on what we were dealing with God gave one more piece to the puzzle to complete the healing package, and that was the toxins that are produced by the 'rotting' or the development of the fungus. As the spirits of blight take hold there are 'toxins' that builds up and spread to other parts of the body and the cycle continues slowly but surely because the 'environment' is right for them to spread. We have no control over our environment, we cover a tomato in cold weather and we

dust the plant with copper and sulphur to prevent fungus and spray for bugs, but we have no direct control unless we build a place for the plant to live in. God has built a place for us to live in and it is His environment (or Realm) that He wants us to live in to protect us. Our own natural environment (earth) cannot protect us because it is fallen and cursed. Not only this, but man has added to the devastation through introducing toxins and pollutants. Jesus Christ came that we may see the Glory of God in the flesh and He was blemish free because He (Jesus) walked around and travelled in this micro environment (Realm) around Him and over Him and in Him OF GOD! Although the Bible does not say, I believe that Jesus did not even get sick once because of this supernatural dome of protection from God.

We can cover ourselves in this 'God Dome' and it is a simple prayer and a regular check on our position in the environment around us. If we are getting sick it might be we just need to ask God for the 'right' environment (the dome of protection) to promote the health and healing through Jesus Christ in our bodies. We are to maintain 'the temple' that is our body, for God, but He can control the environment around us. Walk with Jesus Christ in God's Realm and experience the difference! To prevent spirits of blight the most important thing is that together God and we need to maintain a good environment for us to live in.

After I had read all the info and revelation I asked God what is the reason for the affliction of blight. He gave me *Deuteronomy 28:14-16 - So you shall not turn* aside from any of the words which I command you this day, to the right or the left, to go after other gods to serve them. But it shall come to pass, if you do not obey the voice of the Lord your God, to observe carefully all His commandments and His statutes which I command you today that all these curses will come upon you and overtake you: "Cursed shall you be in the city, and cursed shall you be in the country.

(PRAYER) – "Father God I come to you in repentance and express my remorse for all the times I and my ancestors did not observe Your commandments and statutes, rebelled against You and served other gods. I repent also for the damage man has caused the environment that You provided for us to live. I repent also for all the times I have not maintained my temple in which You live with the correct nutrition and care. I ask, in the name of Jesus Christ, for your healing, to remove all spirits of blight from my body. To cleanse my body from all residual toxins from the blight and to repair all damage to my body made by the blight, in Jesus name. I ask, Father God, for your nurturing environment to be over me, around me and in me, for growth and development in the Holy Spirit, both spiritual and physical, as a temple for Christ Jesus to dwell. Maintain that environment for your will and purpose in my place of living and working and remind me through the Holy Spirit when there needs to be an environmental update from you Lord Father God. I now command all spirits of blight and toxicity to leave immediately in the name and power of Jesus Christ, Amen".

<u>Shattered Soul/Dissociative Identity Disorder</u> – According to Wikipedia DID (previously known as Multiple Personality Disorder) is a mental disorder characterized by at least two distinct and relatively enduring identities or dissociated

personality states that alternately control a person's behavior. Symptoms range from common lapses in attention, becoming distracted by something else, daydreaming, to pathological dissociative disorders such as psychosis. A psychotic break according to Wiki is someone who loses contact with reality. Symptoms can range from harmless delusions, to violent outbursts and major depression. The sufferer may also be unable to distinguish reality from fantasy.

During a session the Lord showed me what happens with DID. In most cases of trauma the soul fragments and separates from the core forming an alter (which is simply an altered state of mind) and then forms a wall of protection around itself. The trauma and memory stays locked away enabling the person to continue to function but the soul is no longer whole and will eventually need healing and integration back into wholeness again. Demons will fill in the gaps left behind to replace those parts of your soul. With DID the fragmented part of the soul actually shatters into little pieces. DID is the worst kind of damage to the soul. There can be one part that disconnects and shatters, or many. Sometimes the entire soul can shatter. It is the shattering that causes the disconnection from reality. When using worldly ways to fix this I saw each piece glued and put back together again. Although everything had been placed back in its rightful place it looked repaired and not new. God wants to give you a renewed soul. Not just repaired but new! Traumas fragment the soul. DID is the worst kind of damage. People with this disorder can never repair themselves – there is no reparation outside of Jesus. Man can pick up the pieces with drugs, occult means and self-help measures but this only repairs with glue. Jesus wants to not only repair but make whole and brand new.

How does this happen? Continual abuse until the soul can no longer protect itself. The soul disassociates because it runs away and hides from the pain. It can be through trauma, rejection, violence, abuse, and more. Complete shattering of the entire soul is all things combined until one breaks. It is not one particular thing but many. In the worst kind of DID the soul has spit the dummy. It can no longer function. Everything breaks down. The physical body needs the soul to survive. The spirit/soul and body are intertwined. Like a well-oiled machine when one is out it affects everything as a whole.

For Jesus to heal this disorder you need to forgive and bless those who have wronged you (See prayer below). \*\*\*\*\* We sometimes choose to hold on to the unforgiveness, hurt and pain thinking we are letting the guilty party off the hook if we choose to forgive them. This is not the case. We are leaving the outcome in God's hands, after all His word says 'He does not leave the guilty unpunished'. We are guilty of holding the offence if we have not forgiven.

A week after the Lord gave me this revelation I got a prompting to ring a good friend of ours to invite them to see us for a catch-up. I knew that he had suffered this very thing and needed some healing, and I also knew that any attempts to pray would have been rejected. Before he arrived the Lord showed me the exact moment the disassociation happened so I would know how to pray and informed me that he would be receptive and would accept prayer. Before he arrived the Holy Spirit told us to anoint the door with oil and forbid any demons with him from entering our house. The Lord told me

that when he came in he would be in his right mind as the demon causing the episodes would not be able to come in. A couple months earlier he basically had a breakdown and was really struggling reconnecting with God and Life. He had become a very different man – even violent at times and completely anti-Jesus. The day he visited us was the first time he had left the house in months. He told us that on the way down he was determined that he wouldn't accept prayer from us and nearly didn't come. God had different ideas. (Smile) God revealed to me that this gentlemen was suffering from Dissociative Identity Disorder and is when one hides which allows a demonic entity to take place within the soul (mind/will and emotions). This happens because the pain is too great, the soul shatters and disassociates. The disassociated parts of the soul lies in tatters on the floor of your spiritual body. Basically you have dissociated yourself from reality and enter into fantasy and escapism. The real you is no longer in control. In his case the Holy Spirit showed us it was self-rejection in the belief that he was a failure. This came about from the gentlemen following a word from God in regard to selling everything him and his wife had to start their own business to support themselves and their Ministry. After doing this a couple years later the business had failed to flourish resulting in financial ruin. Initially he would not allow his wife to accept financial support from the Government because of the faith (and probably pride) in the word which in turn caused their money to disappear into nothing. They were basically living on nothing – it was a very scary time for them. Things got so bad he eventually allowed her to do this and they received enough money to support themselves for food, rent and power. I gave them a word that this was only until their business gets established and flourishes. The word he received from God He decided was deception so in turn resulted in the failure complex in regard to supporting himself and his wife financially and the start of the breakdown. We believe that the word was from God and it is about Gods timing and it will come to pass. (Sometimes we get a word from God and try and fulfil it in our way and our timing).

To be healed of the DID he repented for self-rejection and the belief he was a failure. He then forgave those who had told him he was a failure then forgave himself for not meeting the expectations he had placed upon himself, and that others had placed on him. We called the disassociated parts of himself back into the core of him and cast out the entities who had resided in the empty spaces that were left after he rejected himself. We then prayed for God to not only repair but make his whole soul brand spanking new! The result was instantaneous – amazing in fact. It was as though he was a different person. He revealed to us afterwards that he had also been having migraines and knew it was a result of the shattered soul.

Another case I prayed for was when a 17 year old young lady had been terribly wounded by the divorce of her parents three years earlier. There had been lots of fighting, violence and abuse and the father had ended up with a young lady the same age as herself. God showed me that the young lady had a disassociated part of her soul due to 'fear of being hurt'. I saw in a vision this part of her running in fear and hiding in a jungle. He told me that only the love of God can heal this but first she had to repent for hiding and running away from fear and pain.

**(PRAYER)** – "I ask the Holy Spirit to show me the exact moment the disassociation happened". (There may be extra things you have to pray as well as the prayer below as everyone's case will be different.)

"I forgive and bless all those who have hurt, abandoned, rejected, abused, forgotten about me and let me down. I forgive myself for not living up to the expectations my parents, other people, You and I put upon me. I repent for rejecting myself and I repent for hiding from the pain. I repent for running and hiding from fear and pain. I give to You Jesus all fear, hurt, pain, trauma and disappointment. I now call the dissociative parts of myself back into the core of me and cover those parts with the blood of Jesus Christ. I speak to the demonic spirits who invaded the places in my soul that were left vacant when I became displaced from the core of myself and command you to leave immediately in the name and power of Jesus Christ. I command all spirits of Dissociative Identity Disorder, Multiple Personality Disorder and Psychosis to leave also in Jesus name. I pray for healing. I pray for restoration. I pray that Father God you would not only repair the soul but you would make my soul brand spanking new! Amen."

<u>Tension</u> - For a very long time I suffered so much neck pain and tension throughout my body as well as irritable bowel, bladder and uterus. Many muscles and organs would go into spasm through tension. One day the Holy Spirit gave me this prayer and word. "Tension is the name of the spirit who manifests within you. He is part of the Leviathan curse. Little by little I am removing his minions from you. Tension is part of this curse and is a response to fear, anxiety and worry. Speak these healing words in Jesus name".

(PRAYER) - "I speak to my body and command you to relax in the name and power of the risen Lord - Jesus Christ. I speak to all muscle spasms and command you to be gone in Jesus name. I speak relaxation, tranquillity and peace into my entire spirit, soul and body. The central nervous system I speak to you now and I command you to normalise. Adrenal glands be healed in Jesus name. Central nervous system be healed in Jesus name. By all power and authority given to me by the Lord Jesus Christ I command my body healed and brought into divine order. Every part of me is healed in by the stripes of Jesus Christ. I command all nervousness, tension, anxiety, spasms and fear to go immediately in Jesus name. I now invite the Holy Spirit and ask for a fresh infilling. And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being (Genesis 2:7, NKJV).

And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit (John 20:22, NKJV).

Breathe in the Holy Spirit through your nostrils and breathe out the demonic by exhaling out of your mouth. Repeat this breathing until you feel better.

Idolatry of Sickness - There were times in my walk when the Ministry was being created where I was really struggling with sickness. At one point I was severely anaemic amongst other problems and found it hard to organise my day let alone spend time with God. This went on for several weeks when the Holv Spirit spoke to me and said "You are encompassed by a heavy cloud. The cloud is the slumbering spirit. Priorities - your priorities are not My priorities. Things got in the way. You have not put me nor the call of God over your life first. Life came ahead of God. This is the case for many of My children. Lay down your lives. This includes your time, your focus and everything in it. It means being prepared to give up those earthly things for the call of God. This is picking up your cross and following Me. If you can give Me your life I will show you what I can do with it. It is easier to make Me your focus when you are well - but when you are sick you cannot for your sickness becomes your focus. Becoming well becomes the focus - you want to be well and strong so you can better serve Me. Sickness takes My children away. Why do you think the devil uses sickness to take Your focus of Christ and onto the sickness? Your health and wellbeing becomes an idol. Idols can be things we put ahead of God. Catch 22 -When you are well you can serve Me better. When you are sick it is harder to focus and maintain the energy. The sickness becomes the idol".

(PRAYER) - "Father God I repent that sickness became an idol in my life that I put ahead of You. I repent that sickness took my focus of You and onto it. I trusted more in the sickness and what I couldn't do rather than on Christ and the word of God that says 'I can do all things through Christ who strengthens Me' (*Philippians 4:13*). Help me through all times of need to do all that is required of me so I can continue to do all that is required of me so I can continue to walk and do the will of God. Impart Your strength to me. 'I will not sorrow for the joy of the Lord is my strength' (*Nehemiah 8:10*)."

**Hypochondria** – Merriam-Webster defines hypochondria as this: - Unusual or excessive concern about your health: a tendency to fear or imagine that you have illnesses that you do not actually have. Over the last two weeks I had just gone through a health trial that had been incredibly hard. Those around me supported me through this amazingly but there were some who seemed to just not understand the severity of my situation. It was almost as though they didn't believe how bad it was for me. This was very hurtful and I felt angry and felt that I needed to convince them of how bad it had been for me. I kept declaring out loud that I forgive them but the hurt and anger wouldn't subside. The Lord then spoke this to me: - "Hypochondria is a label others have put upon you. Hypochondria is where someone imagines a sickness, ailment or pain that isn't actually there. Others may have a condition and a hypochondriac will fear they might get it too. An actual pain then comes in response to the fear of receiving what another has. Hypochondria is real in the sense that you actually feel what you are afraid of. The spirit of hypochondria puts the actual sensation upon you. You don't actually receive the disease but the sensation of the symptom. Hypochondria is part of the anxiety disorder.

How does one get the hypochondriac spirit? When you are falsely labelled a hypochondriac in response to a pain or torment you are going through. Sensitive people feel pain and anguish greater than 'insensitive' or 'normal' people. Insensitive or normal people cannot understand this phenomenon so label a sensitive person a 'hypochondriac'.

(PRAYER) – "I forgive all those who labelled me a hypochondriac. I forgive all those who showed a lack of support, compassion and understanding toward any pain or sickness I was suffering. I repent for being a hypochondriac. I repent for fearing every disease or ailment I 'read about' or 'saw' on another in the belief that it may come upon me. I renounce every sickness, disease and ailment real or imagined and cast it out now in Jesus name. I remove the hypochondriac label from my forehead that others have put upon me, and I bless all those who played a part in this. (Peel it off in a prophetic act and discard it). I speak to the spirit of hypochondria and command you to leave immediately in Jesus name. In my own strength Lord I have tried to convince those around me to believe how 'bad' I was truly feeling as I know they don't fully comprehend the severity of my symptoms. I repent for this and hand over to You 'my need' to convince others. Although others may never fully understand I know that Lord Jesus 'You do' and that is all that matters. I ask that You would help me though these times. Thank You for the strength and support You have given me that enables me to cope with the sensitive body you have given me for Your purposes, Amen."

**Cancer -** A few years back the Lord told me that incest was a root of cancer. Fast forward to this year I watched the Stan Walker documentary about his stomach cancer ordeal. Stan and his mother carry a specific gene which causes cancer. It is inherited and much of his family carries the gene and many have died from cancer as a result of it. The family allowed the bodies of his ancestors to be exhumed and tested to see if there was any information that could help and it showed that they were related to each other which pointed to incest in the family line. The mutated gene they concluded was formed as a result of the incest and the children born from the incestuous parents carried the corruption in the DNA which was passed down the family line. I found that very interesting and it confirmed what God had shown me. The Lord showed me also that before this corruption in the DNA can be broken and healed there has to be repentance of the sin and also repentance for any other scenarios that may surround that incest. On example is repentance of the rejection from any family members toward any of the children who were born from an incestuous relationship. Another is the repentance and forgiveness toward anyone who forced sexual relations of incest onto another family member.

(PRAYER) – "I repent on behalf of myself and bloodline for the sin of incest. I stand in the gap and repent for any rejection on behalf of my family toward any children who were the product of incest. I forgive on behalf of the rejected children within my bloodline anyone, including family members for their rejection. I repent on behalf of my family bloodline for all family members that forced sexual relationships on other family members. I forgive on behalf of any members of my bloodline who did not give consent and were abused by other family members. I break the ungodly soul ties between these people and myself and the entire incident in Jesus name. I break the

curse of cancer and command the spirit of cancer to leave in Jesus name. I pledge the blood of Jesus Christ and pray that the blood would remit the sin and heal the genetic corruption in Jesus name."

Miscarriage – Some time ago a lady emailed me to inform me that she was having miscarriage after miscarriage. She was pregnant at the time and it looked as though she might lose this baby too. I sought the Lord and He informed me that her womb was cursed because her ancestors had sacrificed babies to the devil. He gave me a prayer for her to pray which broke the curse. The lady then went full term to deliver a healthy baby boy. Below is the prayer that she prayed.

(PRAYER) - "Father God I repent on behalf of my bloodline for all abortions and sacrifices of children to other gods. I repent for any blame and unforgiveness toward You when there were miscarriages and deaths of children. I break every curse that has been put upon my womb to never bear children in Jesus name. I forgive all those who have cursed my womb and bless them. I now declare and decree a blessing over my womb and declare that it will bear fruit in Jesus name. I command the spirit of death to leave this baby that resides in my womb in Jesus name."

Physical destruction of the human body — Many times over the last few years the Lord kept repeating this statement to me — "If you give Me your life I will show you what I can do with it!" I truly had no idea of what God had in store for me in regard to yielding my life to Him but over the years I sure began to see exactly what it entailed. One thing I can say is that although it has not been easy it is the single best thing anyone could ever do.

At the time of writing this I had just turned 44 so was going through perimenopause (transition into menopause). This time for me was incredibly tough. I had abnormal bleeding for 4 years with many ultrasounds to be told it was a hormonal imbalance. Then later in the fourth year I developed a polyp. The bleeding was so severe that I got anaemic four times over those four years. When it was time for the polyp to be treated by a specialist the polyp had disappeared so no treatment was needed – Praise the Lord. The anxiety I suffered during this time became excessive and there were times I really felt like I couldn't cope. Doctors and man's ways wanted me to take synthetic hormones. The side effects of these things made me refuse. I asked God about menopause and this is what I believe He spoke to me:- "Physical destruction of the human body is a curse that happened when Adam and Eve sinned in the Garden. The fall of mankind meant the physical body was not eternal and was destined to die. I have a glorified body which is attainable on earth. Walking in wellness is a blessing that the work of Jesus on the cross gives every man and women. In regard to menopause oestrogen and progesterone naturally decline in woman with age. This is God-given but the side effects that come with it are not." (Interestingly God asked me to google the estrogen and progesterone levels of a prepubescent girl and what I found was that they are as low as a post-menopause women's level. This showed me that the use of products like HRT to bring back higher levels was not God's design. In normal cases the adrenals take over the production of hormones once the ovarian function diminishes but the problem with many woman is that the adrenals are stressed due to other causes and as are result are unable to do so adequately - hence the need for an external aide). He continued, "The earth's environment has changed - synthetic pesticides, xenoestrogens etc. attribute to the added increase of symptoms. Stress is a contributing factor during menopause for women. Women are doing more today. To deal with the symptoms one needs to alleviate the stress. The stress is the key. Optimal balance is a God-given gift. Man is not caring for himself. Better diets, more sleep and exercise to help maintain the balance. I have provided every need for optimum conditions. Curses can also come into play to disrupt this divine balance. My daughter there is a curse over you preventing you from coming into divine balance. Seek Me for this. You have been cursed for too long My daughter – now is the time for you to be blessed. Why has it been this way for you – you are getting all the keys and revelations which are working for others but not for you? The creation of a Ministry as I reveal each root and hold to you but no freedom for you. Why? Timing - I saved your healing until the end. The creation of the Ministry revealed in you! A walking, talking living example of repentance and legal rights of the enemy being removed so you can receive all I have for you. Walk through the cross My daughter and meet Me on the other side. Time to take back what the enemy has stolen.

After seeking the Lord in regard to the curse that was preventing me coming into divine balance this is what I learned:- In the Garden of Eden Adam and Eve ate from the tree of knowledge which was forbidden. This resulted in a catastrophic curse of death over mankind. Man's soul was destined for hell if he was not in right standing with God and man's physical body was destined to grow old and return to the dust.

And as it is appointed unto men once to die, but after this the judgment (Hebrews 9:26, KJV). Jesus came to remove the curse of death and hades from mankind. If Jesus came to remove this curse of sin and death to give us eternal life does this mean He is also removing the physical curse of death from us so we may never have to physically die? I sought the Lord on this and this is what I believe He spoke to me: "Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers (3 John 2, NKJV).

When you receive healing for your soul many times the physical infirmities can be healed in unison alongside the soul as what is seen in the soul can reflect what is shown in the physical body. The human body however is still subject to deterioration because of this curse of death. There is a new physical body (real, tangible, visible) for man which is his incorruptible body. So also is the resurrection of the dead. The body is sown in corruption, it is raised in incorruption. It is sown in dishonour, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a natural body, it is raised a spiritual body. There is a natural body, and there is a spiritual body. And so it is written, "The first man Adam became a living being." The last Adam became a life-giving spirit. However, the spiritual is not first, but the natural, and afterward the spiritual.

The first man was of the earth, made of dust; the second Man is the Lord from heaven. As was the man of dust, so also are those who are made of dust; and as is the heavenly Man, so also are those who are heavenly. And as we have borne the image of the man of dust, we shall also bear the image of the heavenly Man. Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; nor does corruption inherit incorruption. Behold, I tell you a mystery: We shall not all sleep, but we shall all be changed— in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible, and we shall be changed. For this corruptible must put on incorruption, and this mortal must put on immortality. So when this corruptible has put on incorruption, and this mortal has put on immortality, then shall be brought to pass the saying that is written: "Death is swallowed up in victory." (1 Corinthians 15:42-54, NKJV). You receive the resurrection body at the end of the tribulation when the Son of Man comes down in the clouds of Glory with His Heavenly army.

For if we believe that Jesus died and rose again, even so God will bring with Him those who sleep in Jesus. For this we say to you by the word of the Lord, that we who are alive and remain until the coming of the Lord will by no means precede those who are asleep. For the Lord Himself will descend from heaven with a shout, with the voice of an archangel, and with the trumpet of God. And the dead in Christ will rise first. Then we who are alive and remain shall be caught up together with them in the clouds to meet the Lord in the air. And thus we shall always be with the Lord. Therefore comfort one another with these words (1 Thessalonians 4:14-18, NKJV).

And I saw thrones, and they sat on them, and judgment was committed to them. Then I saw the souls of those who had been beheaded for their witness to Jesus and for the word of God, who had not worshiped the beast or his image, and had not received his mark on their foreheads or on their hands. And they lived and reigned with Christ for a thousand years. But the rest of the dead did not live again until the thousand years were finished. This is the first resurrection. Blessed and holy is he who has part in the first resurrection. Over such the second death has no power, but they shall be priests of God and of Christ, and shall reign with Him a thousand years (Revelation 20:4-6, NKJV). Although you don't receive the resurrected bodies until this time I can still remove the curse of death and the curse of natural deterioration from you. This curse which is the curse of death prevents you coming into divine balance. It is my desire to remove this curse from you so you can be in good health – even in old age. We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed— always carrying about in the body the dying of the Lord Jesus, that the life of Jesus also may be manifested in our body. For we who live are always delivered to death for Jesus' sake, that the life of Jesus also may be manifested in our mortal flesh. So then death is working in us, but life in you (2 Corinthians 4:8-12, NKJV). Jesus came to remove the curse of death – the problem is My children don't know how to access it. When Adam and Eve ate from the tree of

knowledge it was the knowledge of good and evil that brought the curse of death to pass. The Word of God also says My people are destroyed for lack of knowledge. Because you have rejected knowledge I also will reject you from being priest for Me (Hosea 4:6, NKJV). I have given you knowledge which many reject. This knowledge is the truth of My word and the keys to your freedom. Many do not believe. God works all things together for good - the knowledge that brought in sin and death can now defeat sin and death. Jesus has the keys to death and Hades. He overcame death, He defeated death. Now to remove death from My children. Some of My children will not taste physical death. "O Death, where is your sting? O Hades, where is your victory?" The sting of death is sin, and the strength of sin is the law. But thanks be to God, who gives us the victory through our Lord Jesus Christ. Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labour is not in vain in the Lord 1 Corinthians 15:55-58, NKJV). Those who are still alive and remain near the end of the tribulation will be caught up with Me alongside the risen dead in the clouds of Glory and changed into their resurrection bodies. Yielding your life through the dying-to-self process to Jesus so His resurrected power can give you eternal life. Many believe you have to physically die to inherit eternal life. Dying to self is the process in which you need to go through to inherit eternal life. In this process you receive healing of your soul and physical body as you yield yourself fully to Christ. The curse of death was broken at the cross. When you make Jesus your Lord and Saviour your eternal spirit is reborn and you inherit eternal life. The soul and physical body follow suit as they slowly pass through the cross as you yield and allow Jesus to crucify the old man. The more of your life you yield, the more of My life I give."

(PRAYER) – Father God in the name of Your Son the living Jesus Christ I repent for partnering with the lie that as we age we naturally break down and deteriorate in our minds and physical bodies. I repent for myself and my bloodline for disobedience towards God and the need to know all things and especially for eating from the forbidden tree of knowledge of good and evil. This knowledge brought death. This knowledge can now be used for good because through Your knowledge You give us keys to remove death. Death came in through the desire for knowledge and through knowledge I can now remove death. I repent for rejecting or ignoring Your God-given knowledge when it was revealed to me. Thank You Father for Your knowledge. Through knowledge I know that Jesus defeated death. I declare that Jesus Christ conquered death. Jesus has come to give us life. His life for my life. I fully yield my life for the life of Christ Who was resurrected from death so I could live. In Him there is no death. I take on the pure and perfect life of Christ. In this exchange I have eternal life. It is no longer I who live but Christ Who lives in me. I am the life of Christ and I walk in the resurrection power of Christ. I declare death has no power over me. He who finds his life will lose it, and he who loses his life for My sake will find it

(Matthew 10:39, NKJV). I break the curse of death over my life and I break the curse of physical destruction over my human body and soul. I command every demon of death, destruction, infirmity and devastation to leave my soul and physical body in

Jesus name."

Prophetic act: - Breathe out of your mouth your life and breathe in your nostrils the life of Christ and declare "I exchange my life for the life of Christ".

\*\*\*\*\*\*\*NOTE\*\*\*\*\*\*\* The curse of death that came upon man at the fall is what God is reversing in man, as we go through the 'death to self' process. This is the main curse that is being outworked from us, but there can also be other curses within this curse that hinder or prevent us from coming into divine balance. I recommend that you pray and ask the Lord to reveal every curse that is preventing you from coming into divine balance. The Lord revealed to me a year after writing this that my ancestors on my mother's side had raped and pillaged a Maori Village, including the women and taken their sacred (tapu) belongings. This resulted in a curse been put on my bloodline by the Maori chief. This was confirmed by three other people (unprompted). I stood in the gap and repented for this and forgave the Maori people and the chief for the curses and blessed them and their descendants. My husband saw in a vision that they had conjured up Leviathan (known as Taniwha in Maori) against my bloodline. I then forgave my ancestors for their actions which resulted in the curse and broke the curse in the name of Jesus Christ.

<u>Prayer Against Plagues</u> - I was spending some time in the presence of Jesus on a completely unrelated matter when He started to speak to me about the Coronavirus (Covid-19). He told me that this was the first of many plagues that will affect the world. He told me to ask Him to cover me in His blood as a veil of protection against these plagues. This is the prayer He gave me specifically for protection against these plagues.

**(PRAYER)** –"I pray for the Blood of Jesus Christ to cover me as a veil of protection against all plagues.

I ask You Lord Jesus to line my respiratory system with Your Blood to prevent contamination.

I ask You Lord Jesus to wash my hands and coat them with Your Blood.

I ask You Lord Jesus to line my throat, mouth, lips, nose, eyes and all mucus membranes with Your Blood.

Thank You that You are with me wherever I go and that You will protect me from these plagues." Because you have made the LORD, who is my refuge, Even the Most High, your dwelling place, No evil shall befall you, Nor shall any plague come near your dwelling; For He shall give His angels charge over you, To keep you in all your ways (Psalm 91:9-11, NKJV).

## Our authority to heal

Many people pray and ask God to heal the sick but the truth is we have been given power and authority by Jesus to heal the sick. In fact healing the sick is part of our God-

given mandate. For so long I would ask God in Jesus name to heal until I came under a teaching which showed me that Jesus never once prayed and asked God to heal someone. He simply spoke to the issue to be healed. In the giving over of the keys to the Kingdom by Jesus to us (Matthew 16:18-19) part of our authority in Christ is that He has given us the authority in Christ to do as He did. In fact Jesus says that we will do the works He did but even greater works we will do (John 14:12-14). Once it had been explained to me like this and the principle settled within my spirit the Lord spoke to me. This is what He spoke: - "I want you to know your authority. I have given you authority. Speak healing. Praying is good but speaking to the condition with your authority is better. I have given you authority over the flesh. Speak healing to it. Thank Jesus for it. You need to know and walk in your authority. When you know your authority there is more power released. Yours and mine. Your authority in the knowledge of My power – the knowledge that it has been given to you. I have given you the authority to heal the sick. God answers the prayers of the saints for healing but there is a time when He wants you to exercise your authority given to you by Jesus. Both ways to heal the sick work but it is time to step up! If you want to see creative miracles then use your authority. Exercise your authority and start speaking to the ailments. Whatever you bind on earth is bound in Heaven and whatever you loose on earth is loosed in Heaven. Your declaration of faith in the authority I have given you releases my anointing from Heaven. If you loose (release) healing in Jesus name over someone on earth, then the anointing is released from Heaven for that person to be healed. I hear from Heaven and release it. If you bind (tie up) the enemy then that anointing too is released from Heaven and he is bound. You have been given the power and authority to heal the sick, break curses and bind up and cast out demons in My name. In fact you have been given authority over all the earth, the plants and the animals in Jesus name. All the work of the fall is reversed by Jesus at Calvary. God has restored man's original authority through Christ." After I received this word I became very excited and also very aware of my authority in Christ. I believe upon this revelation I received the gift of faith and I started immediately in my God given authority by rebuking fevers, laying hands on the sick and speaking healing into the conditions. It is a new way of praying but I believe that the fruit of this will be greater than I have ever seen in the past!

Parkinson's disease — I have ministered to two people with Parkinson's disease. The first one was when I received a revelation that there was a disconnection between soul and spirit of the person we were ministering to. When asking the Holy Spirit what caused the disconnection He revealed that suicide in the bloodline had been the cause. The client confirmed that his grandmother had committed suicide. The lord revealed that when one chooses death it causes a curse to come upon future generations within the bloodline, which in turn prevents the born-again spirit feeding the soul and physical body with life. We got him to repent for all those in his bloodline who chose death and who had committed suicide and broke the curse and prayed for God to reconnect soul and spirit again. A few months later the person had still not received their healing for this

condition, so of course it could only have meant that there was still more revelation to come.

Recently I was asked to minister with a group of people to another gentleman with Parkinson's. During his session I got more revelation to the roots of Parkinson's. This is what I believe I heard the Lord say; "There is an iniquity that runs in the bloodline that caused corruption in the DNA. Parkinson's begins at the root – the DNA. Parkinson's is not a spirit and cannot be cast out. The Blood of Jesus remits the sin and heals/transforms the DNA. Give him a spiritual blood transfusion by the laying on of hands and pray for the release of the Blood of Jesus Christ to transform him. It begins with the disconnection between soul and spirit. If there has been suicide in the bloodline there is a disconnect between soul and spirit in the future generations. When the spirit and soul are disconnected My resurrection life cannot flow through to the physical body. Instead of life you have death - today we reconnect soul and spirit. DNA is your genetic code – the blueprint of who you are. All memories of sin are carried in the DNA until the Blood remits the sin. The sin is the corruption in the DNA. What is Parkinson's? A neurological disease. It affects the central nervous system? What corruption in the DNA affects the central nervous system? It begins with Kundalini. All central nervous system disorders begin with the kundalini spirit and the New Age movement. Things like yoga, chakras, chiropractors, osteopaths, and reiki invite kundalini energy. False life, false energy. Not only is death flowing through the Blood from the disconnection - counterfeit energy flows through also. Kundalini energy = counterfeit energy. The Kundalini is a spirit and wraps itself around the spine releasing counterfeit energy. The spine houses your central nervous system. These two things are the spiritual roots of Parkinson's."

I also got told to pray for him to receive an infilling of the Holy Spirit (life-giving Spirit) and to anoint him with oil. The other people ministering got also that there was a spirit of infirmity that needed to be cast out, and that there was a religious spirit keeping this man from being released into the things of God with strongholds of false doctrines and traditions of man. Lastly we were told to pray for his equilibrium. We then got him to repent for his sins and his ancestor's sins. This was a practice that he hadn't done before as he believed Christians couldn't get affected by their ancestor's sins. We prayed for strongholds of religious traditions and doctrines of man to be dismantled and prayed for the eyes of his understanding to be enlightened. We then addressed and cast out the spirit of kundalini and the spirit of infirmity. We then proceeded with the laying on of hands. We prayed for a release and impartation of the Blood of Jesus to remit the sin and heal the DNA and transform him. We invited the Holy Spirit to infill him spirit, soul and body. As I was anointing with oil an amazing thing took place. He smelled the oil. He informed us that he could smell the scent of olive oil and with Parkinson's the first thing that goes is your sense of smell. This is the first time he had smelled in years. The interesting thing was that the oil I used was not olive oil, but olive oil is a common oil that was used for anointing in the Bible and it also is symbolic of the Holy Spirit.

He then wept for quite some time under the presence of God as the love of God filled his entire being. He felt the presence of the Holy Spirit. Some of the others in the room also felt the presence of the Holy Spirit. I personally did and I am always in awe when God shows up in a manifest way. It was a beautiful moment and time will tell as to whether full healing has taken place. The amazing thing was that God manifested His presence. His presence filled the room and now this man knows that Jesus is on his case. Someone once told me that if you pray for someone and there is a change then be assured something has happened and to keep seeking and thanking God for the fulfilment of your healing.

As I was typing and writing this new revelation the Holy Spirit showed me something interesting. This is what He spoke, "You have redemption through My Blood, the forgiveness of sins in accordance with the riches of My grace (Ephesians 1:7). My grace determines the outcome in all situations. Not one size fits all. What does this mean? Sometimes I may choose to remove the iniquity the moment you repent and accept Jesus as your Lord and Saviour. Other times I need for you to go through an outworking process. Repentance means to renounce and turn away from sinful practices."

This is what I learned - A simple confession and general repentance of sin may be

enough in some cases, whilst other times it is not. Sometimes it even has to be specific repentance by naming the actual sin or iniquity in order to remove its power. Other times it may even have to be outworked. Therefore, King Agrippa, I was not disobedient to the heavenly vision, but declared first to those in Damascus and in Jerusalem, and throughout all the region of Judea, and then to the Gentiles, that they should repent, turn to God, and do works befitting repentance. (Acts 26:19-20, NKJV). According to this Scripture after these people repented their works had to be in accordance with their repentance. In other words there had to also be an action of turning away from their sins. The remittance of the sin (which is written in our genetic code as an anomaly or in corruption) is all in accordance with His grace and how He chooses to outwork the cross in our lives. In regard to the suicide the client was not aware of anyone in his bloodline that had done this. Initially he was reluctant to repent for his ancestor's sins as he found it to be 'legalistic'. Sometime near the end of the session the Holy Spirit said to me; "Cutting yourself off from God is spiritual suicide". He showed me that religious mind-sets people can have can separate them from entering into intimacy and relationship with God. In this case these mind-sets and traditions had cut him off from God. The spirit of suicide from the bloodline had manifested its presence in the form of spiritual suicide – being cut off from the fullness of God. That spirit of suicide had manifested itself in the life of this man in a completely different way. He was oblivious to it as he was not aware that he had mind-sets and traditions that were preventing him from entering into a personal intimate relationship with Jesus. He also showed me that the disconnection between soul and spirit enabled the religious spirit to take root as a stronghold in his mind because the spirit couldn't feed the soul with the truths of His word. It is not until the Holy Spirit points these things out that we can be delivered from them. The fact that he had been open enough to attend a session with us, and then had even been prepared to repent for his sins and his ancestors sin, and then allowed us to break off traditions and false doctrines, meant

the blockage that had prevented him from experiencing the love and power of God in an intimate way could be removed. For the first time in his life he felt the love and power of God in a very special way.

(PRAYER) - "Father God in Jesus name I repent for every sin I and my ancestors have ever committed. I specifically repent for all suicide in my bloodline. I specifically repent for the choice to choose death that those within my bloodline (name them if able) made instead of choosing life, which brought a curse of spiritual death onto the bloodline. I forgive my ancestors for every sin that brought guilt, punishment or blame onto me and my descendants. I pray that You would reconnect my soul and spirit in Jesus name. I repent for every religious practice, belief and stronghold that caused spiritual suicide as it caused me to cut myself off from the truth of God and the truth of His word. "My son, attend to my words; incline thine ear unto my sayings. Let them not depart from thine eyes; keep them in the midst of thine heart. For they are life unto those that find them, and health to all their flesh" (Proverbs 4:20-22, KJV). I pray for the eyes of my understanding to be enlightened in accordance with Ephesians 1:18 in Jesus name. I repent also for all occult acts of inviting counterfeit energy into my spirit, soul and body. I renounce all practices that invite kundalini energy (also known as universal energy, tachyon energy or chi) that I and my bloodline have ever done. I divorce myself from kundalini energy and command you to leave immediately on my next breath in Jesus name. I dismantle and destroy any energy banks that are being kept by reiki practitioners in Jesus name and I break every ungodly soul-tie between myself and any practitioner involved with counterfeit energy in Jesus name. I loose myself from the spirit of infirmity and command you to leave immediately in Jesus name. I pray for equilibrium in spirit, soul and body, in Jesus name, Amen.

Ask some Holy Spirit filled Christians to lay hands on you and pray for the release and impartation of the Blood of Jesus to remit the sin and heal/transform the DNA. Pray also for an infilling of the true energy of God – His Holy Spirit Who is the breath of God. Anoint with oil.

**Blood Transfusions** – Recently I was talking with a friend when she mentioned that her son had received many blood transfusions (as a matter of life and death) a few years ago. As she was talking, the Holy Spirit impressed upon me that there are negative effects from blood transfusions that need to be broken off. I decided the best thing for me to do at this point, was to seek the Lord and write a prayer and revelation in regard to this.

Some religions view blood transfusions as a sin and refuse to partake. Those who believe this cite Scriptures such as **Genesis 9:4**, **Leviticus 17:10-16** and **Acts 15:28-29** which tell us not to eat flesh with its life (the blood). Because of these Scriptures they believe having a blood transfusion is a sin, and also the belief is that after the blood has been removed from a creature, the only use of blood that God has authorized is for the atonement of sins. They believe that when a Christian abstains from blood, they are in effect expressing faith that only the shed blood of Jesus Christ can truly redeem them and save their life.

What does the Bible say about this? In the Bible the command to not eat flesh with its life is for blood from 'all' flesh. Instructions specifically concerning blood from slaughtered animals are to pour out the blood onto the earth. Another mention of sinful practices to do with blood is in **Genesis 9:6** where we read that any human being that sheds human blood of another, the consequence of this sin, is that his or her own blood will be shed. This of course is referring to murder and attempted murder. Worship of other gods is another act that is unacceptable, and part of worship in some cultures, is for people to drink the blood of an animal or another human that has been sacrificed to a foreign god. In all of these cases it is indeed a sin to eat or drink blood. The only blood we are told to drink is the blood of Jesus Christ. In the Old Covenant system the blood of animals was used to atone for sin, but is no longer needed for this today. Jesus became our perfect sacrificial lamb and the shedding of His blood atones for our sin. He only had to do this once for all. When we drink the fruit of the vine while taking communion it is symbolic of His life saving Blood and represents our true belief in the Son no matter the circumstances to save us from our sin. In other words Jesus is the only way to be saved from our sins.

Drinking His Blood is coming into agreement with this true fact. I believe the act of drinking or eating blood from another is also an illustration of putting our trust in other things to save us from our sins. Blood transfusions however do not come under any of these things as we are not drinking the blood of another, nor putting any belief in that blood to save us from our sins (although it can physically save our life). In regard to this I do not believe it is a sin to have a blood-transfusion when it is for health reasons and life-saving practices. One Scripture that comes to mind that is very clear to me, is 'that we are to lay down our lives for our Brethren'. Donating blood to save lives to me is one of those sacrifices that 'is a laying down of our own lives for the sake of another'. Although you don't die through the donating of blood, it is a selfless act of generosity that can save the life of another. It is a laying down of self and our own desires in order to help another.

If blood-transfusions are not under any of these sinful practices then clearly it is not a sin to receive one, but why can there be negative consequences from the blood transfusions? This is what I have learned, 'The Bible tells us that there is life in the blood'. For the life of the flesh is in the blood: and I have given it to you upon the altar to make an atonement for your souls: for it is the blood that maketh an atonement for the soul (Leviticus 17:11, KJV). The word life in this passage is **Nephesh** in Hebrew. The word for soul interestingly is also Nephesh and means 1) soul, self, life, creature, person, appetite, mind, living being, desire, emotion, passion 1a) that which breathes, the breathing substance or being, soul, the inner being of man 1b) living being 1c) living being (with life in the blood) 1d) the man himself, self, person or individual 1e) seat of the appetites 1f) seat of emotions and passions 1g) activity of mind 1q1) dubious 1h) activity of the will 1h1) dubious 1i) activity of the character 1i1) dubious. In Greek Soul is *Psuche* meaning breath, heart. The word blood in Greek is Haima and means 1b) The seat of life. The word breath in Hebrew is ruwach and means 1) wind, breath, mind, spirit. 1d) spirit (of the living, breathing being in man and animals) 1e) spirit (as seat of emotion) 1f3) as seat especially of moral character. 1g5) as energy of life. To correctly translate what I found in simple laymen's terms is that the Bible teaches that we are a living being with life (breath/spirit/soul) in the blood. This means that the life force within our blood that flows through our veins comprises not only of physical matter but also spiritual matter, which is the breath of God (spirit) as well as our emotions, will, conscience, consciousness, desires and passions (soul). These emotions, conscience, consciousness, will and desire that flow through our blood can be soulish/carnal or Godly. The spirit (God conscience) and soul (evil conscience) flow through our blood. The soulish things however bring corruption and death whilst the Godly things bring life. The Blood of Jesus brings life to our stagnant/corrupted blood because His shed blood removes the corruptions from our blood. This means that what is in our spirit and soul transfuses through our blood. In this sense the blood is part of the spirit and soul as there is spirit and soul in the blood.

When you receive the blood of another through a transfusion not only are you receiving life (God's Spirit) but you are also receiving the corruption that lies within their blood. The blood as previously discussed contains spirit and soul so when you receive the blood of another you also develop a soul tie with them (Godly and ungodly) as you receive parts of their spirit and soul. The spirit is the breath of God and belongs to God. In regards to receiving spirit (breath of life) according to the Bible we are told to share with one another the Holy Spirit (who is also known as the breath of God or the life force) through the laying on of hands. A Godly soul-tie develops between you and another through the laying on of hands and is a God-given union and is good and brings life. The difference between the laying on of hands and imparting the Holy Spirit is that there is no transference of the soul between you both. Transference of blood imparts both – the soul and spirit. The sin of man resides in the blood through the DNA as corruption and that corruption can be passed on to another through blood. In families, genetic anomalies are passed down from one generation to one another through the blood. Blood according to the Bible has a voice, as we see how Abel's blood cried out for justice after it had been spilled by Cain when Cain killed Abel.

If there is sin or genetic anomalies in the blood you have received then that blood now becomes part of your blood. The corruption from their blood becomes part of your blood through the soul tie that is shared between you and the owner of the blood. The voices in the blood from any injustice the person you received the blood from, still cries out for justice within you! These things need to be removed and broken from your blood through the Blood of Jesus. When you accept Christ's blood as an atonement for your sins, His Blood is pure and perfect, and removes the sin. When you accept the blood of man and woman there blood is not perfect and the corruption needs to be cleansed.

(PRAYER) – "Father God in Jesus name I stand in the gap on behalf of my family bloodline and I repent for anytime we ate flesh with lifeblood inside, and for anytime we drank blood, especially if it was sacrificed to idols. I thank You for the gift of Your breath of life which is within this blood that I received through transfusions that gives me life. I pray that You would bless the givers of this blood in Jesus name. On behalf of the blood I have received through blood transfusions I stand in the gap and repent for all sins that have caused corruption in the DNA and genetic inheritance of this blood. I break the ungodly soul ties between myself and all those whom this blood belonged to in Jesus name. On behalf of this blood that carries the memories of injustices done to

the owners of this blood and their families I choose to forgive and bless those who wronged them. I erase the memories and all sin from this blood and pray for healing of the corruption in the blood through the precious and pure Blood of Jesus Christ. I command every demon who is attached to this blood to leave now in Jesus name. I drink the blood of Jesus Christ and declare I believe in the Son, the lamb of God to be the only one who can redeem and save me. In Jesus name, Amen."

Vaccines - As we went through the Covid-19 pandemic I became inundated with emails from people sending me links claiming the vaccine for covid-19 (that is being developed) is the mark of the beast. I asked a group of people to pray and ask Jesus to show us the truth as I did not know what to think about the theories around this vaccine. I sought God too and the date of receiving this next word was 31/03/2020. In this word God used the word Pharmakeia to me. God has spoken to me in the past in regard to Pharmakeia and there is an article in this PDF that will explain further about this and how man's medicine (Pharmaceuticals) comes from the word Pharmakeia and is one aspect of sourcery that God allowed man to use - other forms of sourcery are forbidden. God referenced the term Pharmakeia to me in the understanding that I knew He was refering to Pharmaceuticals.

This is what I believe the Holy Spirit spoke to me in regard to this ~ "Pharmakeia (pharmaceuticals) was given by God for man to heal himself for the times blockages and unyielded areas prevented you from receiving My supernatural healing. Remember the serpent on the pole in the wilderness – he who looked upon it was healed from their infirmity. This serpent on the pole is the same symbol used in man's medicine today – the symbol for pharmakeia (pharmaceuticals). The serpent was then named Nehushtan and worshipped. It became an idol and had to be destroyed. There is coming a time when I will remove this idol and all will look to Me for their healing and those who cannot receive because they are not ready may not be able to receive what they need from Me. Be ready. Look to Me – listen to My voice. Listen to My directions. Not one size fits all. I may say go to one, or wait, or no to another. You all need to hear Me and listen to what I am saying to you.

Vaccines – Pharmakeia (pharmaceuticals) – Man's ways which are not God's ways but ways I have allowed for those who cannot receive My healing because there may be a blockage on their end preventing them from receiving all I have for them. Man's medicine always comes at a cost but it is not a sin to partake. The sin is, if you put it ahead of God. Pharmakeia (pharmaceuticals) is sorcery but I have given this to you for your physical body because of unbelief. Jesus replaced that serpent and was hung on a cross which represents a better way. Do not stop pharmakeia (pharmaceuticals) until I tell you to, or take it away. For now it has proven time and time again it saves lives. Is there a cost? Yes.

Covid-19 – My Blood protects from plagues. My Blood covers. The keys are in Psalm 91 – He who dwells in the secret place of the most High shall abide under the shadow of the almighty. He will cover you with His feathers and under His

wings you will take refuge. Not all are taking cover under My wings! Why? How close are you to Me? Not all have come close to Me and are standing beneath My wings – some are too afraid to get that close to Me. I am waiting, it is up to you. Trusting Me and abiding in My presence requires commitment, surrender and sacrifice. All who call upon Me are saved but not all have counted the cost and what it takes to 'be in Me, as 'I am in you'. What is a disciple? One who counts the cost and lays down their life to enter into Mine. Telling people not to take a vaccine when they may not be in the same place as you (which is directly under the shelter of My wings) means you are taking the place of God in their lives. Each one needs to seek Me and be shown by Me which direction to take. The vaccine is not the mark – the mark comes later. Fear not! Follow Me and follow My lead and allow Me to take the reins. What is right for you may not be right for another. Tread cautiously and don't let your opinions dictate to one who may be in more of a vulnerable position than you. Have peace in all your decisions if you have included Me in all of them. I am with you in everything even if you make a wrong decision.

Trust Me to lead and guide you back onto the right path – which is My path and the best path for you – but remember not every path set before you is the same path I have set for all. Coronavirus - this will have significant impact on the world economy structural system. This virus is not from Me but I am allowing it to bring in the one-world Governmental system. The people will stop listening to the Government. The Governing authorities will have to enforce stricter measures. These measures are not my instruction - they will stop listening to Me. The antiChrist system will rise up. My children (the church) will rise up against it. The mark of the beast system will come in when the leader of the one world Government (the one who oversees all) enforces it. This is not yet. Fear of the mark of the beast is making Christians paranoid - they are seeing the mark in everything. When the mark does come and My children recognise it the world will not listen to them. The antichrist will be seen as a savior and the world will preach allegiance to the savior. Only those with eyes to see and ears to hear will see and know the truth. This word is part of your vaccine article. Warn the world - warn the Christians. The vaccine is part of the overall system but not the mark of the beast. It is part of the mark of the beast system but not the mark. The vaccine is My provision to save mankind from this plague. There is coming a time when I will not supply the world with My provision. There is coming a time when I will cease protecting the world and allow them to reap all the corruption they have sown. My army will rise up in this time - they will be the light that shows the lost the way. They will be of one accord - one mind - the mind of Christ. Division and disunity will cease amongst these one. They will all agree together as one - just as My Father, myself and the Holy Spirit agree as one."

<sup>\*\*</sup>Please note - Even though I believe vaccines are part of God's provision, man can interfere and cause what was intended for good to become dangerous. An example of this is too many boosters in a short space of time. It is my belief that too many without a decent gap between doses could cause an overreaction of the immune system (or immune fatigue) which in turn could cause many side effects that could be dangerous.

After I had written this word and put it up on the website I received an email from someone who was concerned that my article about vaccines declared that the vaccine for covid-19 was God's provision when they contained aborted foetuses in them. She proposed that God would not condone such practices. Firstly, I researched whether vaccines actually contain aborted foetuses. I found that many vaccines, including the one against rubella -- which is part of the MMR vaccine was produced using fetal cell lines. Fetal cell lines are not the same as fetal tissue. Fetal cell lines are cells that grow in a laboratory. They descend from cells taken from elective abortions in the 1970s and 1980s. Those individual cells from the 1970s and 1980s have since multiplied into many new cells over the past four or five decades, creating fetal cell lines. Current fetal cell lines are thousands of generations removed from the original fetal tissue. Vaccine makers may use these fetal cell lines in any of the following three stages of vaccine development:

Development: Identifying what works

Confirmation: Making sure it works

Production: Manufacturing the formula that works

I learned also that the abortions were not done for the purpose of the vaccines – they were done for other reasons and then the cells from those foetuses were used for medicinal purposes. I read that there is also a chance that there could be microscopic amounts of DNA from the aborted babies within some vaccines where the fetal cell lines were used in the development and production phases of the vaccine. In regard to covid-19 vaccines I found out that neither the Pfizer nor Moderna vaccines used fetal cell lines during the development or production phases. (So, no fetal cell lines were used to manufacture the vaccine, and they are not inside the injection you receive from your doctor.) However, both companies used the fetal cell line HEK 293 in the confirmation phase to ensure the vaccines work. All HEK 293 cells are descended from tissue taken from a 1973 elective abortion that took place in the Netherlands. The AstraZeneca vaccine made this note: - Crucially, however, the vaccine does not "contain" this cellular material.

The viral molecules grown in these cells are chemically and physically separated from the cells in which they were incubated and do not make it into the final product. Therefore, it is false to claim, that the process of being vaccinated for COVID-19 with the AstraZeneca vaccine means being injected with "aborted fetal tissue fragments."

After reading this I felt concerned I had gotten this wrong about vaccines being God's provision, because many vaccines use the fetal lines in some stage of their process which originally came from the murder of a baby. As I was pondering I sensed the Lord wanted to speak to me. This is what I believe He said, "Aborted fetal lines – what is evil and wrong I can turn to good. Murder is a sin. Preserving life is the opposite of murder. I used the murder of an innocent child to preserve life. I turned it around for good. Vaccines are My provision to the world. Vaccines preserve life. I never murdered the baby, or condoned the murder of the baby, but I did use the death of that baby to preserve life. There are many who would die without these vaccines. I used the death of one to preserve the life of many. Did My Son not do the same? Did I not allow the murder of My Son to preserve the life of others? My Son was My provision to

the world – does that mean I condone His murder? Of course not – but sometimes bad things have to happen for better things to come." But my God shall supply all your need according to his riches in glory by Christ Jesus (Philippians 4:19, KJV).

I was so amazed after receiving this word. You would assume that after finding out the origin of the vaccine was produced from an aborted fetus that God would forbid its use, or that He couldn't bless that which is forbidden. Is murder forbidden? Of course. Jesus was murdered and became a curse for us. Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree: That the blessing of Abraham might come on the Gentiles through Jesus Christ; that we might receive the promise of the Spirit through faith. God turned the murder of Jesus into a blessing for us. God uses that which was intended for evil and turns it to good. As for you, you meant evil against me, but God meant it for good in order to bring about this present result, to keep many people alive (NASB). God used the murder of this innocent baby for good, to keep many people alive.

I then pondered that for those who do get vaccines it is probably a good idea to break any ungodly ties between you and any vaccine in case there is any remnant of DNA that may have been contained in the vaccine. Our flesh which is translated as **Sarx** in Greek is the physical body and carnal nature of man. The DNA of man carries genetic anomalies from sin which are passed from mother to child in the womb. Is it possible if we are inheriting any DNA from the vaccine that we are inheriting genetic anomalies too? The Bible also teaches that the blood of man has a voice and remembers (Abel's blood crying out for justice from the ground). Does this mean that the vaccines may also carry a memory from the unborn child? I researched whether DNA carries memories and learned that genetic memory is a memory present at birth that exists in the absence of sensory experience, and is incorporated into the genome over long spans of time. It is based on the idea that common experiences of a species become incorporated into its genetic code. It has also been discovered that DNA carries the memories of traumatic stress down the generations. The trauma of the abortion may well still be within the vaccine that we receive into our own bodies. I then felt it was a good idea to write a prayer for anyone who has received vaccines (as it is not a sin to do so) in order to break any ungodly side effect.

(PRAYER) – "Thank You Father God for Your provisions for the world. Thank You that You turn all things to good. I pray that any vaccine I receive would produce an abundance of antibodies in Jesus name. Thank You that Your word says even if I drink deadly poison no harm will come to me. I break off all side effects from vaccines in Jesus name. On behalf of any vaccine I have received where there were fetal cell lines in its development, confirmation or production I repent for all abortions involved in Jesus name. On behalf of any flesh, cells or DNA I may have inherited through any vaccines I stand in the gap and forgive those involved with abortions. I break any ungodly tie between myself and all vaccines where there is any remnant of DNA in Jesus name. I pray for healing of all genetic anomalies within my body in Jesus name. I break off all stress and trauma and pray for the healing of all body

memories in Jesus name. I command the spirit of murder to leave in Jesus name. Thank You Lord Jesus, Amen."

**Special note** – My husband, our daughter and I prayed to God for an answer as to whether we should get the vaccine. My daughter and I both got a resounding yes and my husband received a vision of himself in water alongside a waterfall about to go over it. There was a dinghy, and he knew that the dinghy represented the vaccine. He had a choice whether to get in the dinghy and go over the waterfall or go over the waterfall without it. This means that at some point everyone will have to face that choice because covid will become widespread. Mark knew that God was showing him that the best choice in this scenario was the dinghy as it is far safer to go over a waterfall in it rather than out of it. Some people may not be able to have vaccines due to an underlying condition, so it is best to always seek God for what is right for you.

Menopause Prayer — I have written many articles about how difficult the menopause process has been for me. Recently I was ministering to someone who was suffering low estrogen side effects and I received some information and a prayer for her to pray as I was seeking God on how to minister. The Lord then asked me to add this prayer to our website.

This is what I received from Him, "Healing for the soul. You are spirit, soul and body. You won't receive your new bodies until I return but brokenness in the soul cause sickness in the body. Healing of the soul can 'heal' so much of the physical body. The spirit, soul and body works in unison. If 'one' is out it affects the flow. Your spirit is born-again when you accept Me as your Lord and Saviour and receive My Holy Spirit. You may also experience some healing in the soul and physical body upon this, but the rest of the soul gets healed as you yield and walk in partnership with Me. My life for your life – the exchange at the cross.

Menopause symptoms which are caused by loss of estrogen and progesterone is part of the curse of the fall (aging process). One may have to turn to manmade methods for alleviation. Is this wrong? No, but there is a better way. Menopause is part of the destruction of the human body but this does not mean that I cannot alleviate the effects. Menopause refers to the stage in a woman's life when her reproductive system ceases to function, resulting in the cessation of menstrual cycles and the inability to reproduce. This does not mean that a woman should cease producing low levels of these hormones. The high levels are no longer needed but Gods perfect design means that you should be producing enough hormones to maintain the body but not enough to maintain periods or reproduce. In menopause part of the curse of destruction over mankind means your body can no longer produce enough of these hormones for good health and many woman because of stress and anxiety may cease all production and have nil levels. The ovaries should still produce low levels as well as the adrenals but the curse of the fall means that many woman are unable to. I can turn that around. It shouldn't have to be this way!

Menopause – loss of estrogen and progesterone – your sex hormones. Young girls before puberty do not need high levels of these hormones so why do you? Withdrawal – the body becomes used to the high levels of these hormones and when production diminishes side effects occur. Pray against the side effects from the cessation of higher levels and command the body to produce enough sex hormones to adequately maintain the body for good health."

(PRAYER) – "In the name of Jesus thank You Father God for the reproductive years. I bless all areas of my reproductive system, including my ovaries, uterus, vagina, fallopian tubes, and cervix in Jesus name. Father God I am now of an age where reproduction and periods stop. I no longer need high levels of sex hormones so I command the reproductive system to cease its production of high hormone levels in Jesus name. I break all side effects that comes with the withdrawal of these high levels of hormones in Jesus name. I break off all ill effects caused by any use of hormonal supplements in Jesus name. I speak to the ovaries and adrenal glands and command you to produce only those hormones and sex hormones which are needed to adequately maintain my body for good health in Jesus name. All hormones stored in fat cells I command you to come into divine order and store and release as needed. I speak to the uterus and command the lining to not become thick to cause bleeding, endometrial hyperplasia or cancer in Jesus name. In the name of Jesus, I bless my breasts and command my breasts to be shielded from any cancer-causing agents and any other harmful substances in Jesus name. I speak to the adrenals, nervous system, thyroid, hypothalamus, pituitary gland, hormonal messengers, metabolites, cells, RNA and DNA and command you to come into divine order in Jesus name. I command the spirit of menopause who worsens the natural process of menopause to depart in the name of Jesus. I break off the curse of the fall and command death and destruction as well as any cancer causing agent to leave my body in Jesus name. All effects from menopause I now break off and declare an equilibrium in my body in Jesus name. Thank You Father God, Amen."

Post Deliverance Infilling Prayer - "I break every curse over my life from preconception to the present day in the name of Jesus Christ. I ask Father God that every curse would be replaced with a blessing. In the name of Jesus and by the stripes He bore on His body I pray for healing within every area of my spirit/soul and body. (Pray specifically for all ailments). I command all misalignments to come into divine order in Jesus name. I cast out the spirit of infirmity in Jesus name. I cast out fear, shock and trauma in Jesus name. I command every fibre, every cell and every part of this body to come into divine order. I command all pain to leave in Jesus name. I pray for a creative miracle in all areas where body matter needs to be regenerated. I command all cells, cell structure, DNA, RNA, and all parts of the spirit/soul and body not to remember all traumas in Jesus name. I pray for the fire of God to burn off all remaining remnants and dross in Jesus name. I command every demon who has access to me to leave immediately in Jesus name. With the blood of the lamb I seal all doorways closed to the demonic and declare that demons can only exit and not reenter. I bind the demonic doorkeepers and terminate their assignment against me in Jesus name. I ask for the Holy Spirit to infill with light all areas that were once dark in

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